## FOURTH STEP INVENTORY: SEX CONDUCT

- Read from bottom of page 68 through 70 of the Big Book before beginning.

1. Column 1: "We reviewed our own conduct over the years past." (Complete column 1 from top to bottom. Do nothing with column 2, 3, 4, 5, 6, until column 1 has been completed.

2. Column 2: "We did we do?" (Complete column 2 from top to bottom. Do nothing with column 3, 4, 5, 6, until column 2 has been completed.)

3. Column 3: "We list the exact nature of our shortcomings." (Complete column 3 from top to bottom. Do nothing with column 4, 5, 6, until column 3 has been completed).

4. Column 4: Did we unjustifiably arouse jealousy, suspicion or bitterness? (Complete column 4 from top to bottom. Do nothing with column 5, 6, until column 4 has been completed).

5. Column 5: "Who did I harm? (Complete column 5 from top to bottom. Do nothing with column 6, until column 5 has been completed).

6. Column 6: "What should I have done instead?" (Complete column 6 from top to bottom).

Who Was It?	What did we do?	What is the exact nature of my wrongs, faults, mistakes, defects, shortcomings.					Did I unjustifiably arouse:			Who Did I Harm?	What should I have done instead?
We list the people with whom we have experienced sexual conduct.	We ask ourselves what we did	Was I Selfish?	Was I Dishonest?	Was I Inconsiderate?	Was I Self-seeking?	Was this relationship selfish?	Jealousy?	Bitterness?	Suspicion?	Who was harmed?	"We asked God to mold our ideals and help us to live up to them. We remem- bered always that our sex powers were God-given and therefore good, neither to be used lightly or selfishly nor to be despised and loathed." Page 69 "To sum up about sex: We earnestly pray for the right ideal, for guidance in each questionable situation, for sanity, and for the strength to do the right thing." Page 70